

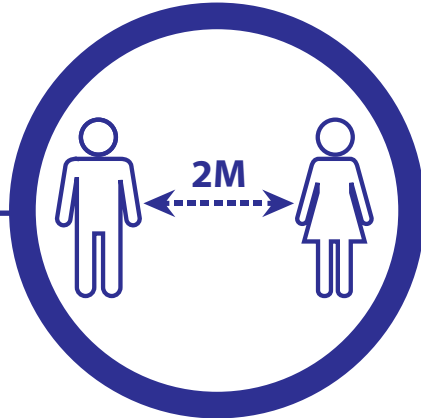
Diogelwch Covid-19

Covid-19 Safety



Golchwch eich dwylo wrth gyrraedd ac yn rheolaidd, neu ddefnyddio hylif diheintio dwylo

Wash hands on arrival and regularly, or use hand sanitiser



Cadwch bellter o 2 fetr o leiaf oddi wrth bobl eraill

Keep a distance of at least 2 meters from others



Defnyddiwch hances bapur neu'ch penelin wrth besychu neu disian

Cough or sneeze into a tissue, or into the crease of your elbow



Osgowch gyswllt diangen

Avoid unnecessary contact



Osgowch gyffwrdd â'ch wyneb

Avoid touching your face



Ewch adref os ydych chi'n sâl

Return home if you are unwell