

Diogelwch Covid-19
Covid-19 Safety



**Talwch gan ddefnyddio modd
ddigyffwrdd neu gerdyn pryd
bynnag y bo modd**

Diolch am eich dealltwriaeth

**Please pay by contactless
or card whenever possible**

Thank you for your understanding

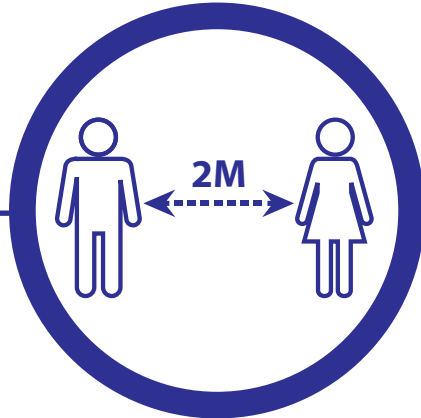
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Golchwch eich dwylo wrth gyrraedd ac yn rheolaidd, neu ddefnyddio hylif diheintio dwylo

Wash hands on arrival and regularly, or use hand sanitiser



Cadwch bellter o 2 fetr o leiaf oddi wrth bobl eraill

Keep a distance of at least 2 meters from others



Defnyddiwch hances bapur neu'ch penelin wrth besychu neu disian

Cough or sneeze into a tissue, or into the crease of your elbow



Osgowch gyswllt diangen

Avoid unnecessary contact



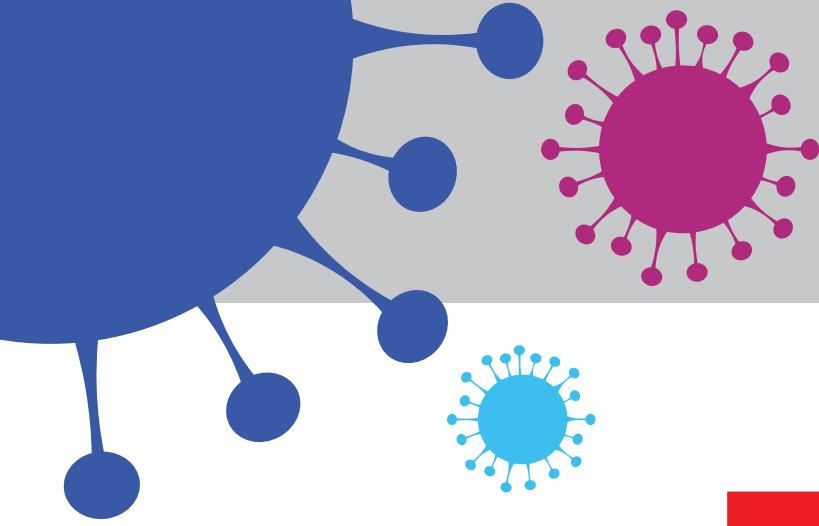
Osgowch gyffwrdd â'ch wyneb

Avoid touching your face

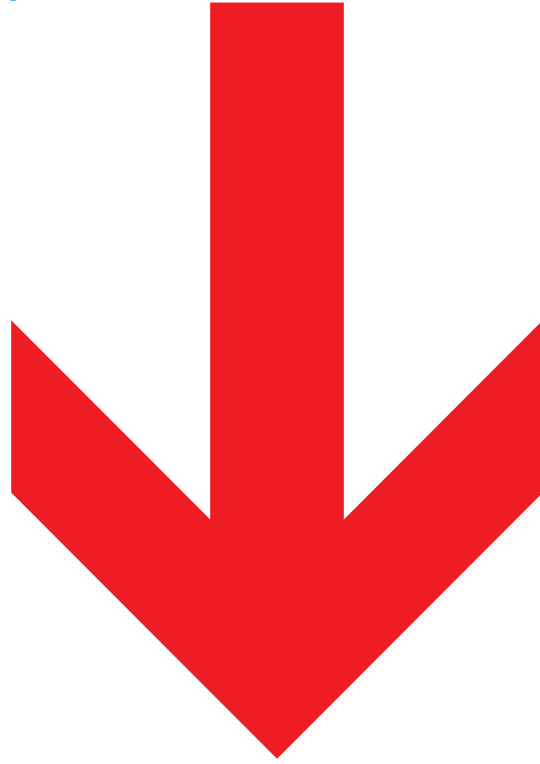


Ewch adref os ydych chi'n sâl

Return home if you are unwell



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I lawr yn unig

**Downward
travel only**

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**Defnyddiwch hylif
diheintio dwylo cyn
mynd i mewn**

**Please use hand
sanitiser before
entering**

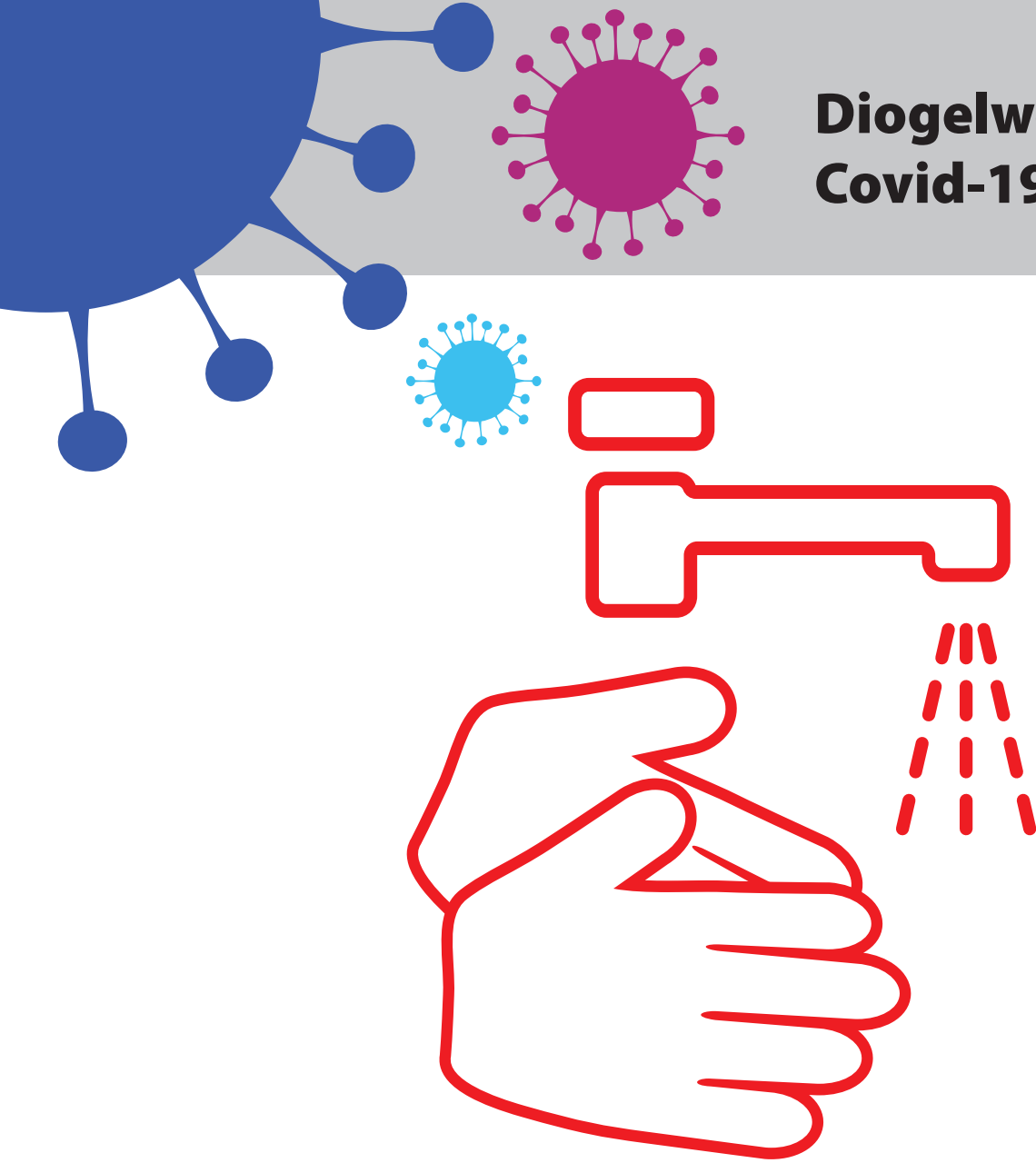
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**Defnyddiwch yr hylif
diheintio dwylo a
ddarperir**

**Please use hand
sanitiser provided**

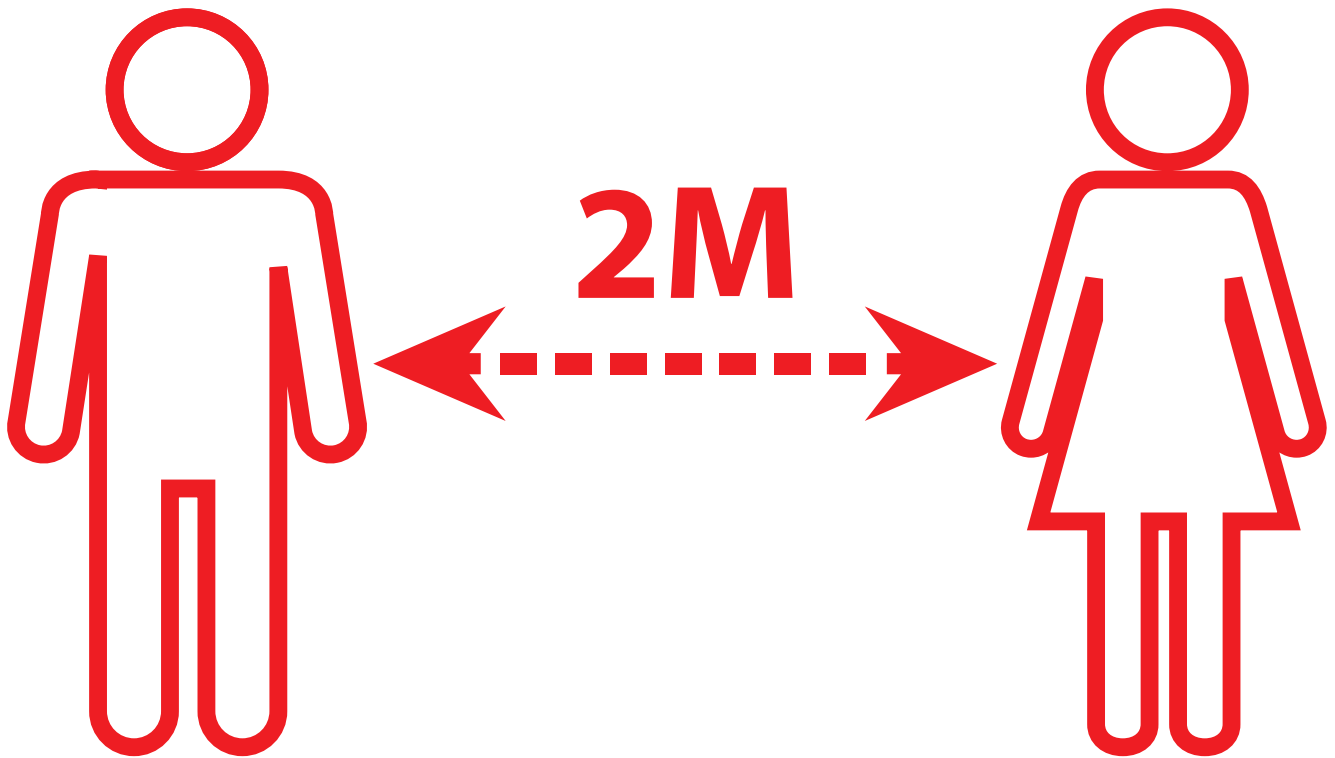
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**Golchwch eich dwylo
am o leiaf 20 eiliad**

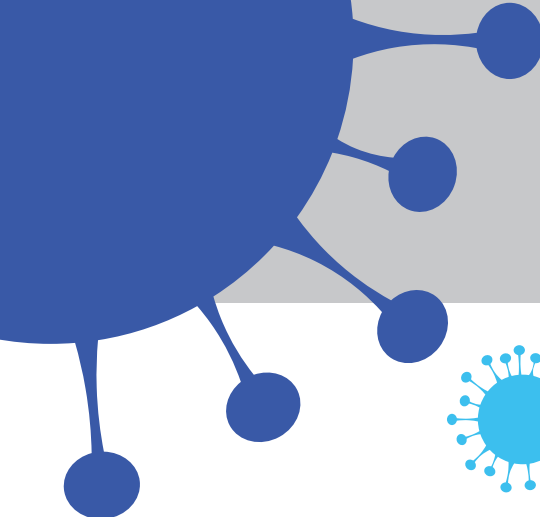
**Wash your hands for
at least 20 seconds**

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Cadwch 2 fetr ar wahân

Keep 2 metres apart



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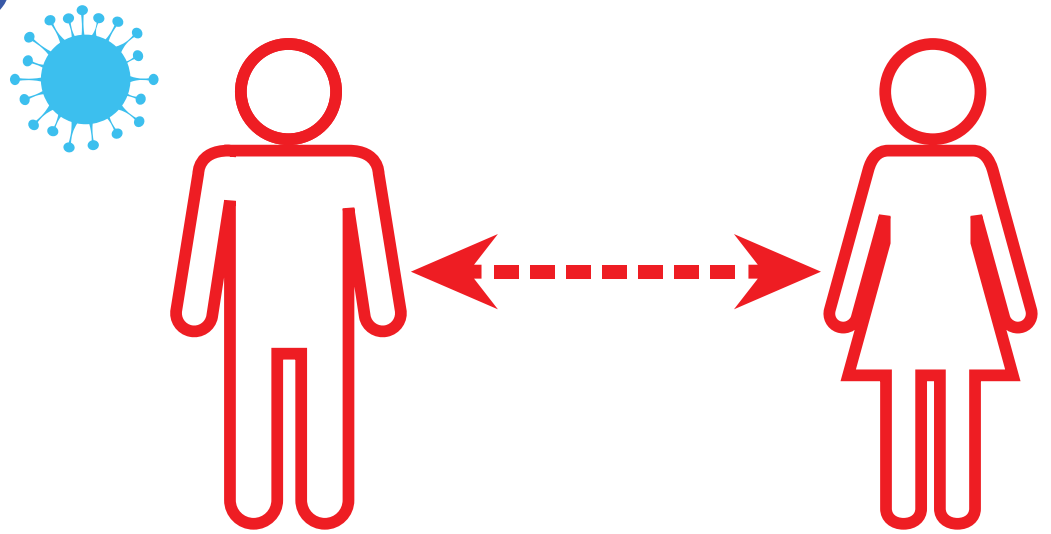
DIM
MYNEDIAD



NO ENTRY



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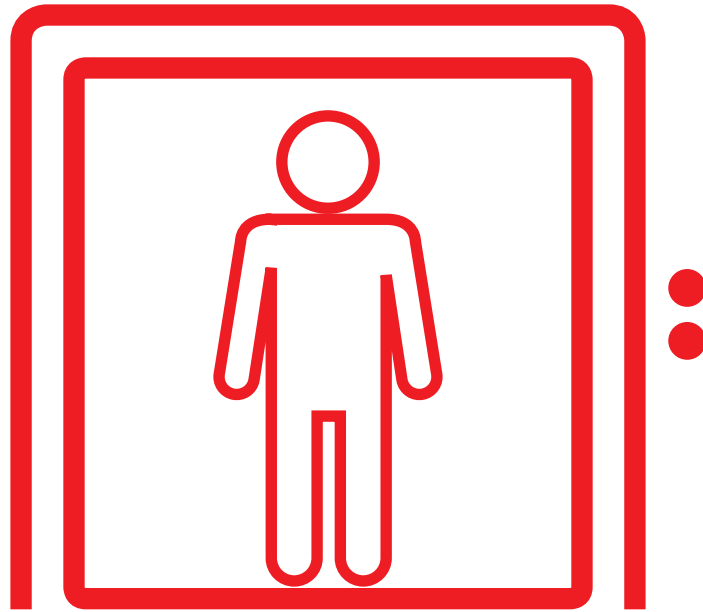
**Un person ar y tro
yn unig**

Peidiwch â dal y drysau ar agor

**Strictly one person
at a time**

Do not hold doors open

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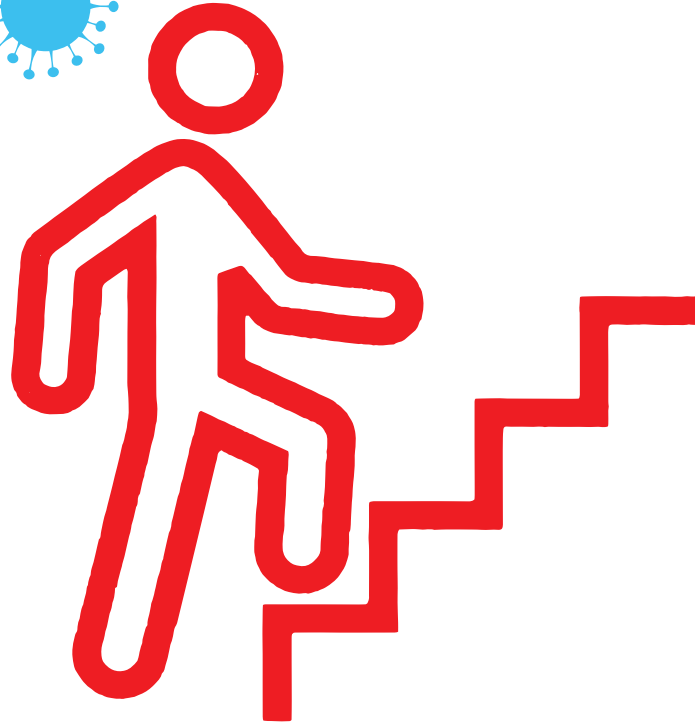


**Un person yn y lifft
ar y tro yn unig**

**Strictly one person
in the lift at a time**



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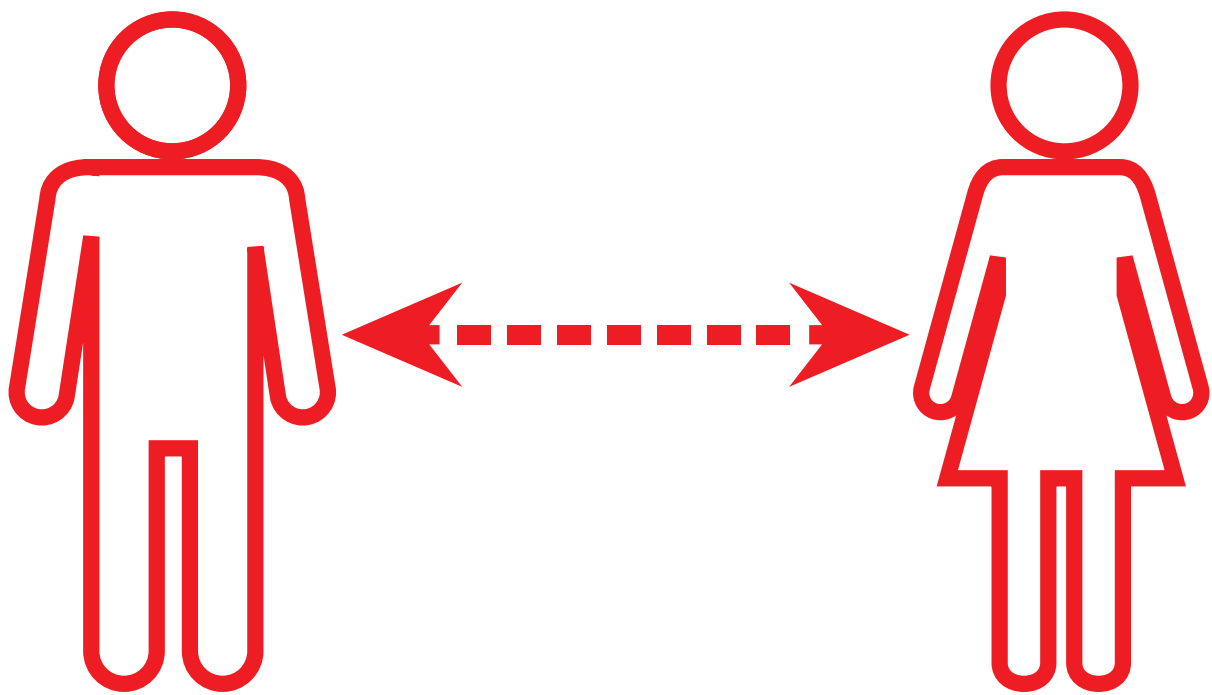
**Un person yn unig ac un
cyfeiriad ar y tro**

Galwch allan i sicrhau bod y grisiau'n glir

**Strictly one person and
one direction at a time**

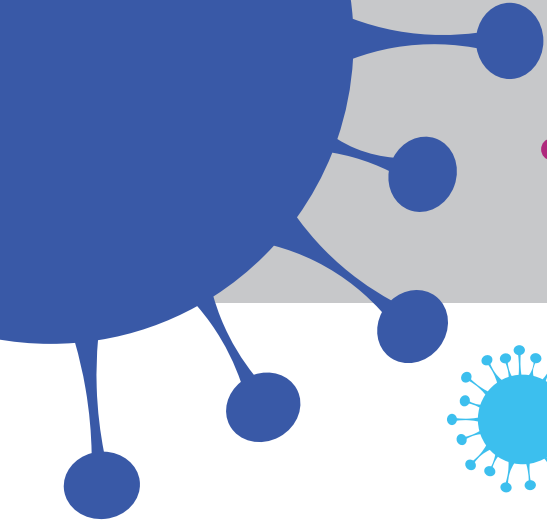
Please call out to ensure stairway is clear

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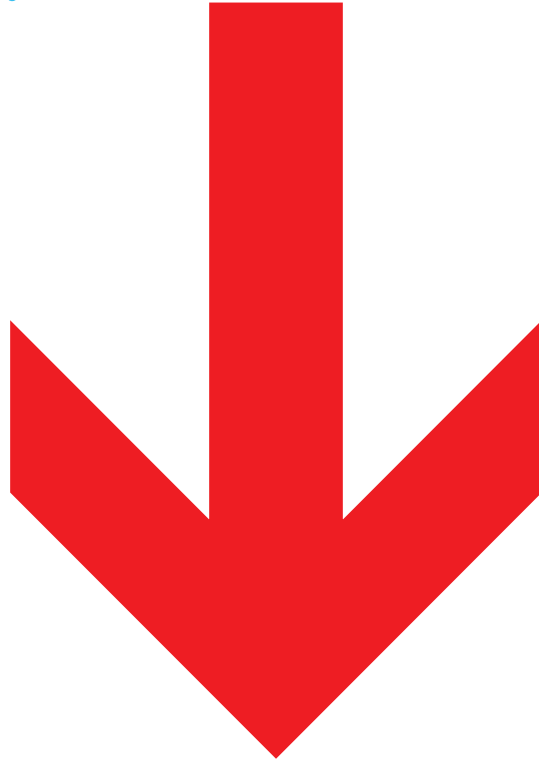


**Un person ar y tro
yn unig**

**Strictly one person
at a time**

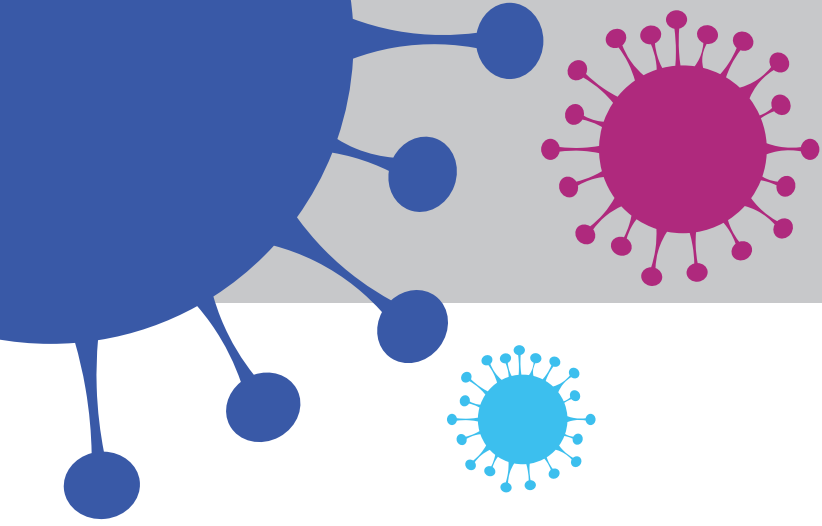


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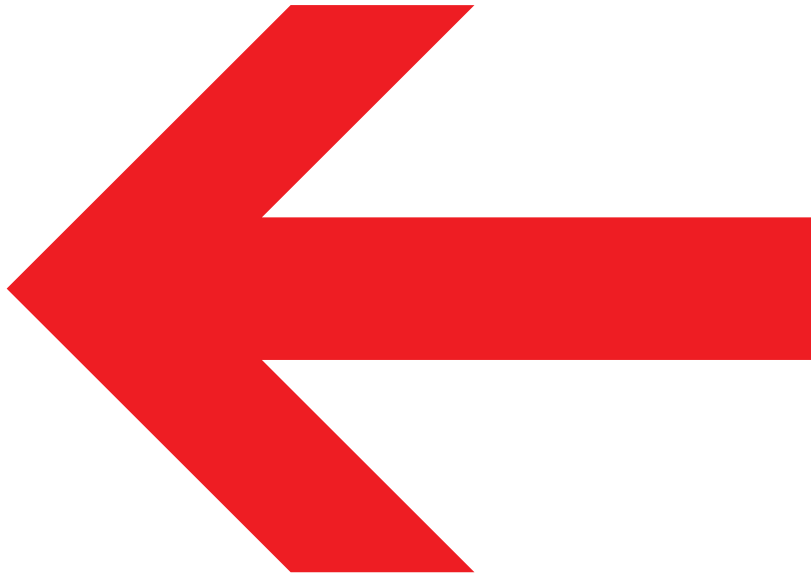


Unffordd

One Way

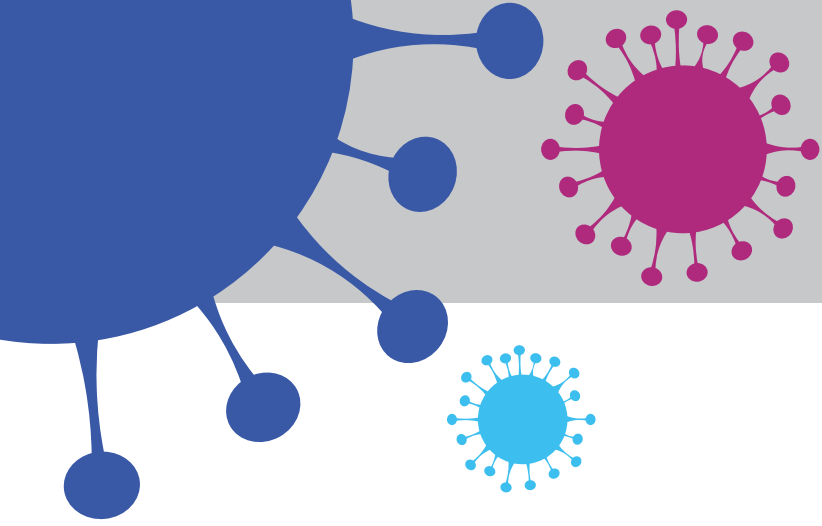


Diogelwch Covid-19
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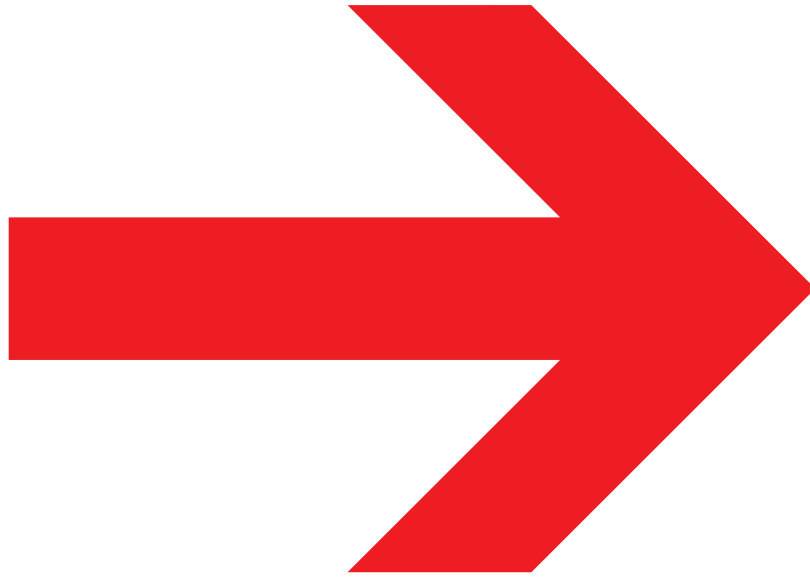


Unffordd

One Way

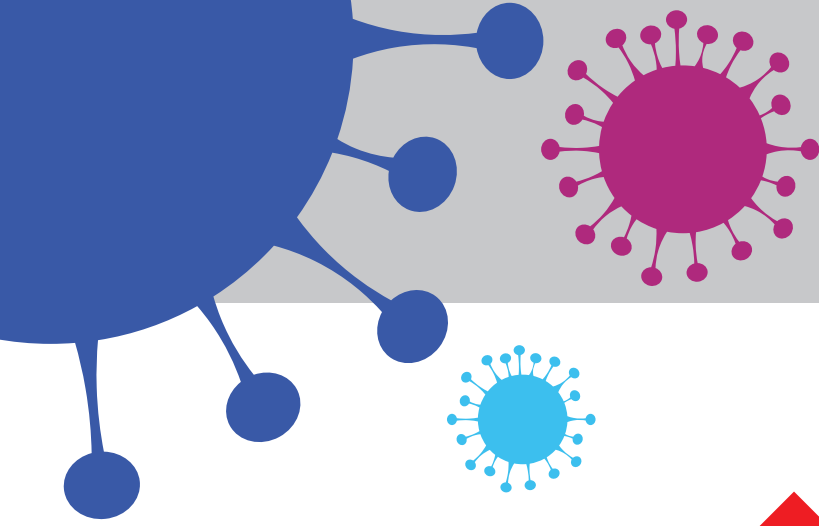


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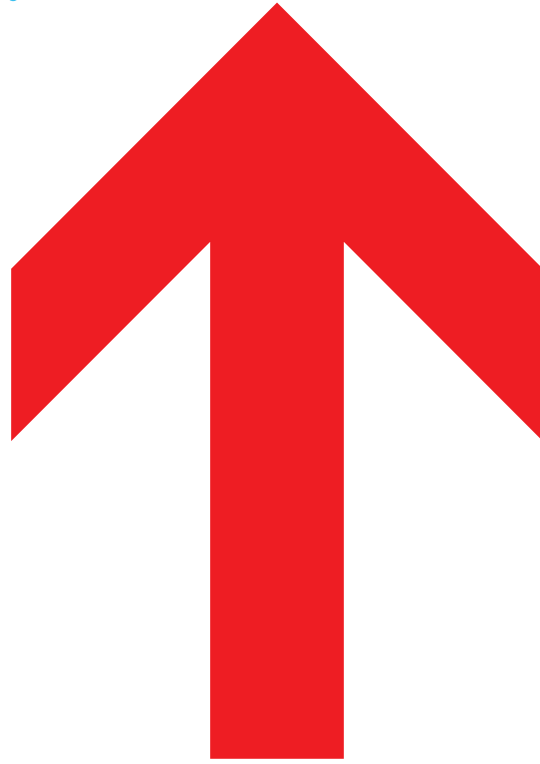


Unffordd

One Way



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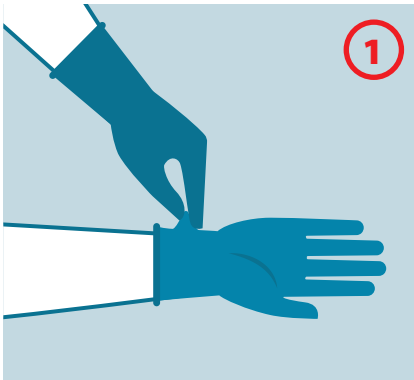


Unffordd

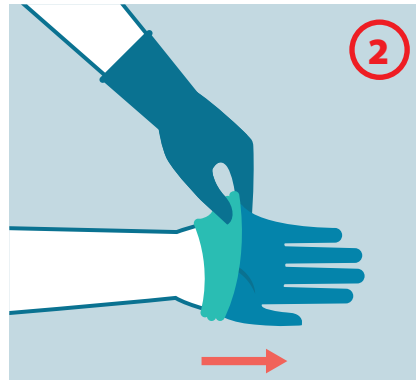
One Way

Diogelwch Covid-19

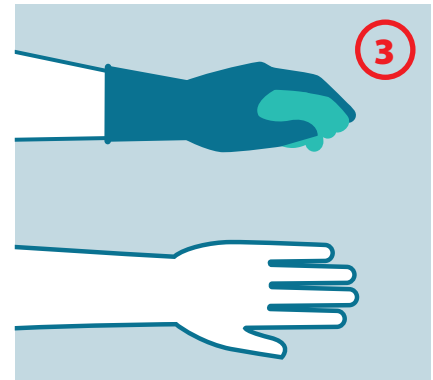
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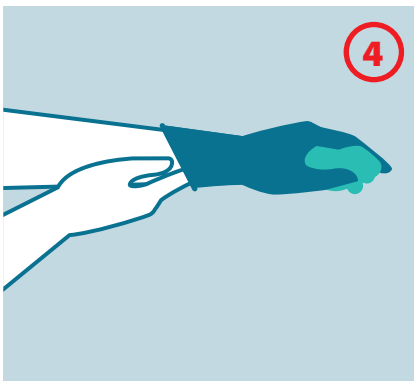
GAFaelwch yn y faneg ar y tu allan ger yr arddwn
GRASP THE OUTSIDE OF THE GLOVE IN THE WRIST AREA



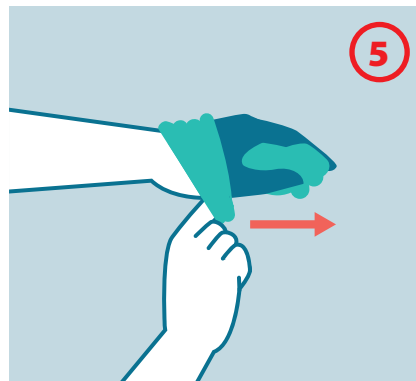
Tynnwch y faneg i ffwrdd o'ch corff a'i throï y tu chwith
PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE OUT



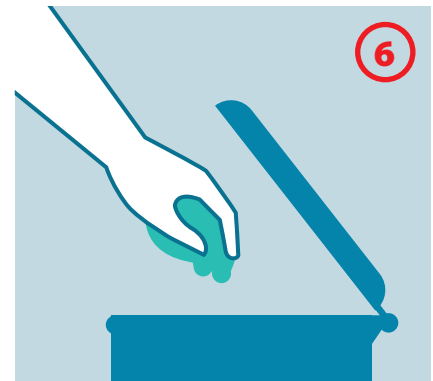
Daliwch y faneg sydd tu chwith yn y llaw arall
HOLD THE INSIDE OUT GLOVE IN THE OTHER HAND



Llithrwch eich bysedd o dan arddwrn y faneg arall
SLIDE YOUR FINGERS UNDER THE WRIST OF THE OTHER GLOVE



Tynnwch y faneg i ffwrdd o'ch corff a'i throï y tu chwith, a gadael y faneg gyntaf y tu mewn i'r ail
PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE OUT, LEAVE THE FIRST GLOVE INSIDE THE SECOND



Gwardwch y menig yn ddiogel
DISPOSE THE GLOVES SAFELY

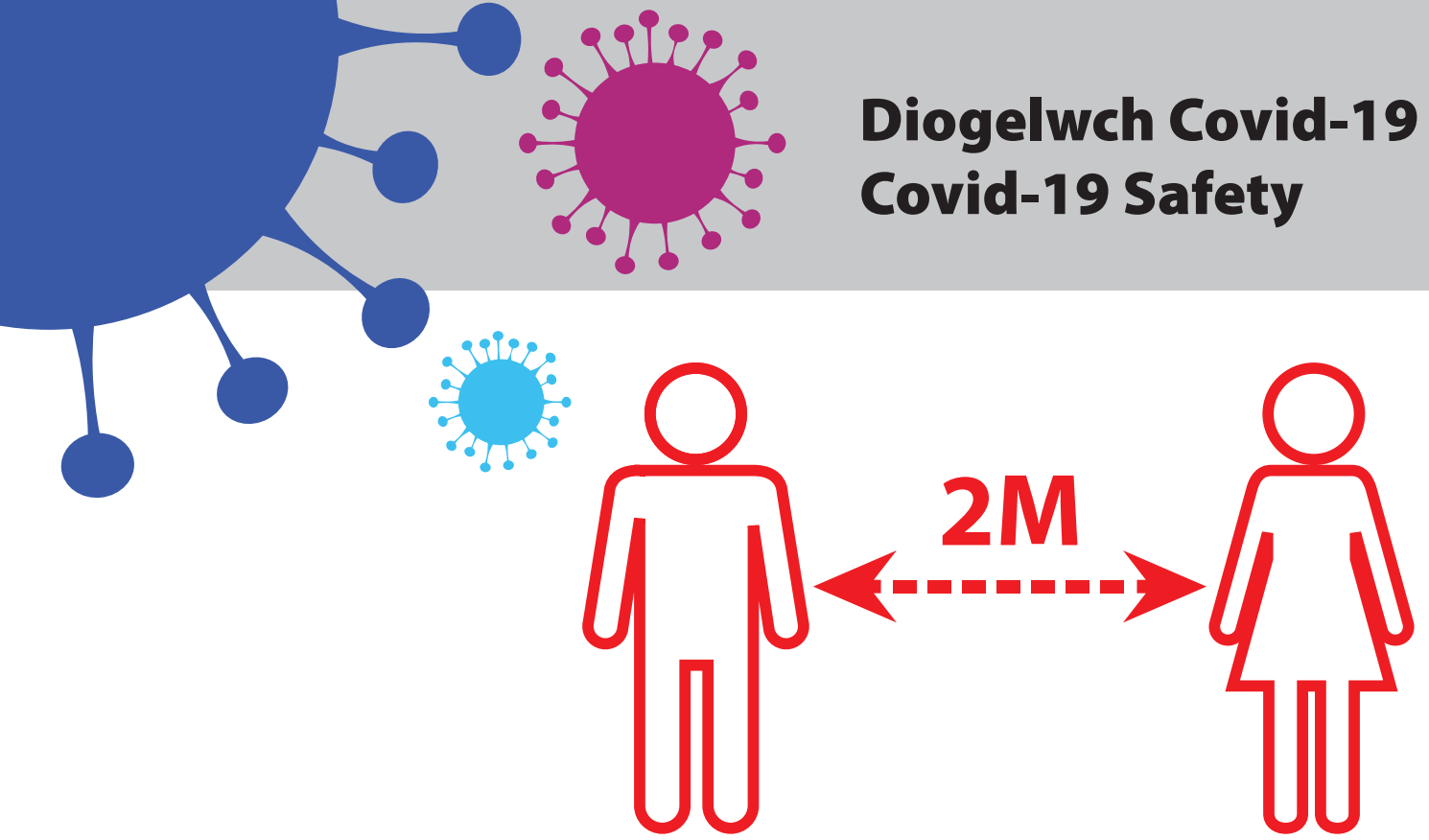


Golchwch eich dwylo
WASH YOUR HANDS

Sut i dynnu menig yn ddiogel

How to remove gloves safely

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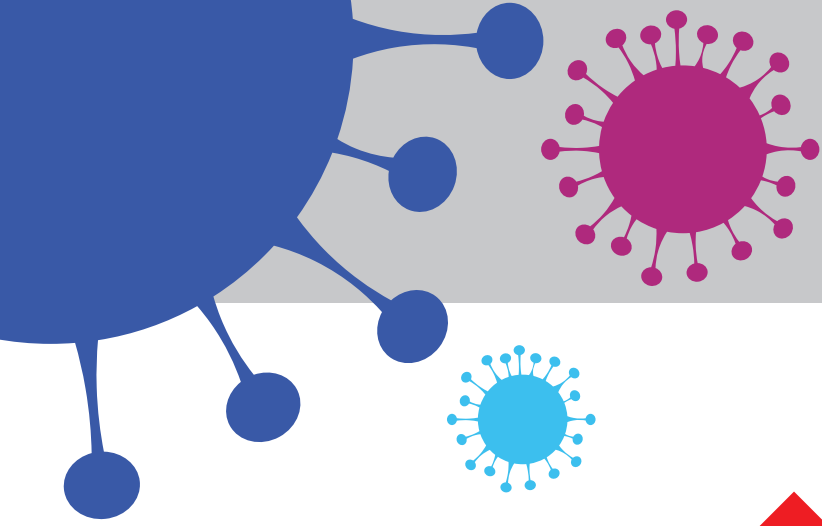


Gwasgarwch leoliadau gwaith

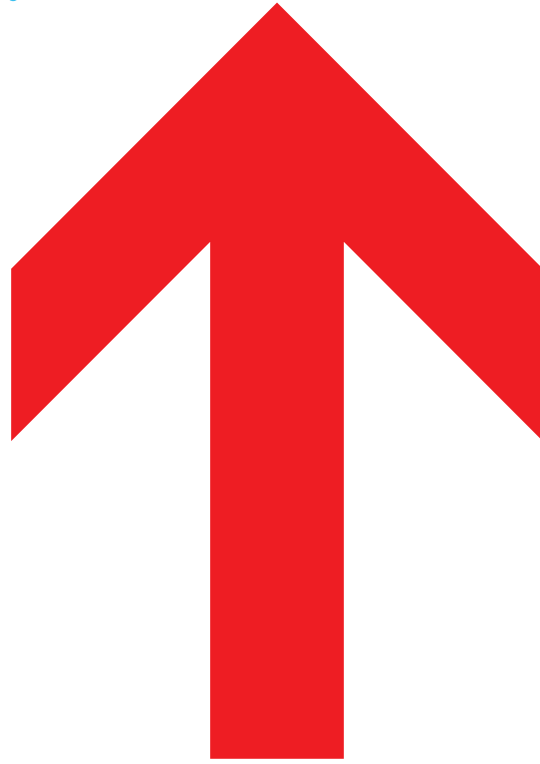
Cadwch 2 fetr ar wahân

Stagger use of workstations

Keep 2 metres apart



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I fyny yn unig

**Upward travel
only**

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Arhoswch yma
Wait here