# Risca Food FEASTival – What's On 2025

The main entertainment programme takes place between 10am and 4pm. Some activities are all day, and others take place on and off throughout the day.

Cookery Demonstration Area 1 - Celebrity Chef Francesco Mattana





"We are bursting with excitement to announce that celebrity chef Francesco Mattana will be joining us at the Risca Food FEASTival to provide some captivating cookery demonstrations! Francesco was born and raised on the island of Sardinia, in the south of Italy. Throughout his childhood, he spent lots of his time with his extended family learning about fishing, farming and cooking traditional Italian cuisine. Francesco has built a loyal following throughout his social media platforms, with over 1.5 million followers across TikTok, Facebook and Instagram. Here he shares his vast knowledge, inspiring his followers to get cooking, whether they're beginners or pros. Francesco is also an advocate for eating sustainably and reducing food waste, which is something that he's learned from his Sardinian upbringing where they utilise the whole ingredients. After Francesco left the army in 2013, he started his own cooking journey working as a chef in Italy. At the age of 23, Francesco founded a small Italian restaurant and pizzeria in Brisbane, Australia, which was nominated one of the top Italian restaurants in the city. Upon his return to Europe in 2017, Francesco founded Our Cooking Journey, and as a result, he has built a large following across social media and teaches huge crowds at festivals and events across the UK. In 2018, he turned to teaching fulltime and was the Head Teaching Chef at Jamie Oliver's Cookery School in London and he has worked and collaborated with the Food at 52, Eataly - La Scuola, Emilia's Pasta, The Pasta Academy run by Pasta Evangelists and Bread Ahead Baking school. Francesco's charismatic personality and contagious enthusiasm makes him a favourite choice for cooking demonstrations at events such as Taste of London, Waitrose Food Festival, Sandringham Food Festival, Sicily Fest, Festa Italiana and Marzamemi. Francesco also holds interactive masterclasses for private events, restaurant guest chef appearances and has worked on luxury cruises. Through his viral content creation, Francesco has partnered with brands including Mutti, Birra Moretti, Fratelli Beretta and EU Cheers and Cheese PDO and the DOC campaign. Francesco contributed recipes for the mental health & suicide prevention charity cookbook "Beder's Kitchen" alongside many great chefs including Gordon Ramsay and Ottolenghi. He is currently writing his own book, due to be published in 2026.

Francesco will be supported by Paul da Costa Greaves who will be carrying out three demonstrations throughout the day. Paul is a talented celebrity c(r)ook and funny man who amazes and delights audiences around the world with his on-stage antics. He brings his colourful personality to Culinary Consultations for Hotels, Restaurants, Cafes and the B&I Industry across the United Kingdom, Middle East, Asia and India. His services include Media Chef, Consultancy, Demonstrations, Recipe & Product Development, Home Economics and Compère.

#### **Demonstrations will take place:**

10.00am - Paul da Costa Greaves

11.00am - Francesco Mattana

12.00pm - Paul da Costa Greaves

1.00pm - Francesco Mattana

2.00pm - Paul da Costa Greaves 3.00pm - Francesco Mattana

Facebook: Francesco Mattana

Facebook: Paul Da Costa Greaves

#### **Cookery Demonstration Area 1 - Artisan Cooks**



# 'One of the country's top cookery talents'

Delivering culinary demonstrations nationwide, she brings flair with food and recipe expertise to budding chefs time and again. Experience her unique and entertaining demonstrations and your cooking genius will be well and truly inspired. Specialising in easy and healthy "try at home" recipes that she designs around the whole family being involved. Also specialising in barbecuing - she enjoys nothing more than getting the grill fired up and coming up with fantastic dishes to cook. Also an award-winning food stylist (Pink Lady Food portraiture) blogger and recipe writer, and presenter food really is a major part of daily life. A food stylist and recipe developer Clover has worked on some major campaigns including Aldi, Morrisons, Pilgrim's Choice, Kerrygold, Stoves, Danish Crown, Musclefood, Asda, Tim Hortons, Allinsons flour to name a few. A mum of two boys, she believes passionately in home cooked family eating and get togethers-some of the best times can be spent round the table! Clover is also the owner of Thomas Kitten Cookery which ensures budding little chefs get an early start in the kitchen.

#### Children's cookery masterclass

Come and make your own creations in the children's cookery tent!

10.30am Cheese scones

11.45am Pizza making

2.00pm Choccy and sugar cookies

3.30pm Cupcake decorating

#### **Demos**

Watch live cookery demos for lots of cooking inspiration!

11.30am Easy pumpkin and lentil soup and herby croutons

1.00pm Campfire stew

3.00pm Toffee apple cake

Website: www.artisancooks.co.uk / www.thomaskittencookery.co.uk

# **Giant Deckchair**



Hop onto this giant deckchair and have a picture taken. Share your pictures on Facebook and Twitter @visitcaerphilly.

# Make and Take Craft Workshops



Come along and make some food themed crafts. This workshop offers children the chance to be creative and have some fun!

# Facebook: Creative Workshops for Children

#### **Stallholders**



There will be a number of stalls selling sweets and cakes along with a great variety of crafts and information.

Facebook: Visit Caerphilly

#### **Street Food**



There will be various street food outlets serving tasty meals! From deep filled sandwiches, Asian inspired dishes, burgers and pizzas to Chinese wok dishes and grilled sandwiches; there will be something for everyone. Regular Signore Twister will also be onsite with their quirky seasoned potato twisters and there will be Snowcones, toasted marshmallows, crepes, fresh lemonade and ice cream for all the family!

Facebook: Visit Caerphilly

#### Funfair Rides & Attractions



There will be a variety of children's rides including the funhouse and teacups to keep the little ones amused!

#### Falconry UK



Birds of prey will be on display for visitors to look at, have photographs with and to learn about the fascinating facts and background of these amazing creatures.

Facebook: Falconry UK

# Anna Mikhno - Sand Art and animal balloons



Make some fabulous sand art pictures to take home and display – get colourful and creative!

Facebook: Events\_Mikhno\_Projekt

# Risca Craft Fair and Market by Crafty Legs Events



A selection of stalls from the larger monthly craft fair and market will be situated in the park. From arts and crafts to home decor and jewellery, there will be plenty of locally made handcrafted items on display to pick up that unusual and unique gift or treat.

# Facebook: Crafty Legs Events

#### **Petting Farm**



A FREE petting farm for families to get to know some cute and cuddly creatures. Includes goats, sheep, lambs, miniature donkeys, rabbits, and guinea pigs. Ask questions about these adorable animals and learn about their habitats.

Facebook: Mike's Donkeys